

Aldbury 5 - 16th June 2024 Provisional Results

Pos	Bib	First Name	Surname	Club	Cat	Cat	Time
1	66	Mark	Innocenti	Tring RC	MVet40	1	00:32:16
2	99	Adam	Pavey	Tring RC	MVet40	2	00:33:22
3	45	Chris	Dennell	St Albans Striders	MOpen	1	00:33:49
4	50	Joshua	Frewin	Tring RC	MOpen	2	00:35:17
5	28	Matthew	Cottiss	Royston Runners	MOpen	3	00:36:12
6	139	Ben	O'keffe	Tring RC	Mopen	4	00:36:26
7	133	Sammuel	Dear	Leighton Buzzard AC	Mopen	5	00:36:48
8	140	Tom	Mopeton		MVet50	1	00:36:52
9	8	Kevin	Berg	Tring RC	MOpen	6	00:36:56
10	35	Carl	Dalkin	Leighton Buzzard AC	MVet40	3	00:36:59
11	83	Wayne	McGuire	Tring RC	MVet40	4	00:37:01
12	71	Henry	Keighley-Elstub	Tring RC	MVet50	2	00:37:04
13	72	Roland	Kemp	Tring RC	MVet40	5	00:39:45
14	127	Nicholas	White		MOpen	7	00:40:06
15	91	Daniel	Newman	Tring RC	MVet40	6	00:40:13
16	100	Greg	Pearce	Leighton Buzzard AC	MOpen	8	00:40:20
17	9	Joseph	Bidlake hull	Leighton Fun Runners	MOpen	9	00:40:27
18	113	Steve	Sharples	Leighton Buzzard AC	MVet60	1	00:40:29
19	43	Johanna	Dear	Leighton Buzzard AC	FOpen	1	00:40:33
20	75	Daniel	Kirwan		MVet40	7	00:40:45
21	39	ellie	davies	stopsley striders	MOpen	10	00:40:56
22	37	Jonathan	Dance		MOpen	11	00:41:00

23	138	John	O'keeffe	Tring RC	MVet40	8	00:41:16
24	123	christopher	vile	Tring RC	MVet40	9	00:41:38
25	38	Bradley	Davies		MOpen	12	00:41:45
26	47	Stephen	Dicks	Olney Runners AC	MVet50	3	00:41:52
27	18	Jim	Buttleman	Leighton Fun Runners	MVet60	2	00:41:56
28	56	Simon	Griffiths	Bearbrook Running	MVet50	4	00:42:34
29	62	Martin	Hopcroft	Tring RC	MVet60	3	00:44:10
30	74	Philip	King		MVet60	4	00:44:12
31	80	Jono	Marval	Gade Valley Harriers	MVet50	5	00:44:15
32	70	Tom	Kearney		MOpen	13	00:45:22
33	5	Dan	Amsbury	Bearbrook Running & Triat	MVet40	10	00:45:29
34	77	Angelo	Lucatello	Tring RC	MVet60	5	00:45:30
35	141	Tim	French		Mopen	14	00:45:41
36	117	Colin	Sumpter	Tring RC	MVet40	11	00:45:43
37	27	Darren	Corsby	Bearbrook Running & Triat	MVet50	6	00:45:50
38	19	Francisca	Cerda		FVet40	1	00:46:01
39	58	Mike	Hanbidge		MVet40	12	00:46:09
40	21	Harry	Clucas		MOpen	15	00:46:13
41	137	Liz	O'keeffe	tring RC	FVet40	2	00:46:24
42	30	Ben	Cox		MOpen	16	00:46:26
43	59	Adrian	Harwood	Watford Harriers	MVet50	7	00:47:18
44	65	Lorraine	Hurford	Tring RC	FVet40	3	00:47:29
45	92	Chris	Nicholls	Dacorum Athletic Club	MVet50	8	00:47:34
46	79	John	Manning	Tring RC	MVet70	1	00:47:42
47	11	Louise	Bladen	Tring RC	FVet40	4	00:47:51

48	68	Lilian	Jones		FOpen	2	00:47:56
49	107	Alan	Roberts	Vale Of Aylesbury AC	MVet60	6	00:48:50
50	57	Nick	Hanbidge	Unaffiliated	MVet40	13	00:48:55
51	60	James	Heath		MVet40	14	00:49:00
52	44	David	Demmery	Unaffiliated	MVet60	7	00:49:09
53	36	Kevin	Dance	Tring RC	MVet50	9	00:49:19
54	136	Ben	Thorn		Mopen	17	00:49:27
55	63	Hermione	Houston	Tring RC	FVet50	1	00:49:28
56	118	Paul	Terrett	Tring RC	MVet60	8	00:49:29
57	135	Andrew	Lowe	Tring RC	Mopen	18	00:49:32
58	10	Stephen	Bladen	Tring RC	MVet50	10	00:49:35
59	122	Leendert	Van De Linde	Tring RC	MVet50	11	00:50:02
60	130	Geoffrey	Wood	AEPT	MVet60	9	00:50:13
61	104	Dennis	Raffety	Tring RC	MVet60	10	00:51:14
62	105	Stewart	Read	Stopsley Striders	MVet50	12	00:52:43
63	34	Steen	Dalgas	Nutanix	MVet50	13	00:52:47
64	102	Jordan	Pointer		MOpen	19	00:52:57
65	20	Gabriel	Chavez	Leighton Buzzard AC	MVet40	15	00:53:16
66	49	Richard	Foskett	Herts Phoenix AC	MVet60	11	00:53:20
67	6	Rick	Ansell	Tring RC	MVet60	12	00:53:32
68	61	Sarah	Hennis		FVet40	5	00:54:00
69	4	Vicky	Album	Unaffiliated	FVet40	6	00:54:02
70	78	Ceana	Mackenzie-Brodie	Leighton Buzzard AC	FOpen	3	00:54:54
71	17	Andy	Butler	On The Run Aylesbury	MVet60	13	00:54:55
72	121	Katie	Van de Linde	Tring RC	FVet50	2	00:55:15

73	51	Sue	Frewin	Tring RC	FVet60	1	00:55:17
74	76	Peter	Leigh	Tring RC	MVet60	14	00:56:41
75	46	Tracy	Derry	Watford Joggers	FVet50	3	00:57:04
76	128	Richard	White	Tring RC	MVet70	2	00:57:42
77	84	Sandra	Mogan	Tring RC	FVet50	4	00:57:48
78	26	Sarah	Corcoran	Bearbrook RC	FVet50	5	01:00:09
79	115	Fiona	Silcock		FVet50	6	01:00:09
80	14	Liz	Boyden		FVet50	7	01:00:11
81	42	Noel	De Freitas		MVet50	14	01:00:21
82	48	David	Evans		MVet50	15	01:00:24
83	40	Liz	Davies	Stopsley Striders	FVet60	2	01:00:43
84	94	Helen	Page	Tring RC	FVet50	8	01:00:54
85	64	Jonathan	Hull		MVet50	16	01:01:27
86	55	Toby	Gribbin	Unaffiliated	MOpen	20	01:01:52
87	32	Ros	Cranston	Tring RC	FVet50	9	01:02:07
88	126	Matthew	West	Tring RC	MVet50	17	01:02:37
89	12	Isobel	Bladen	Tring RC	FOpen	4	01:03:27
90	41	Cathryn	De Freitas		FVet40	7	01:03:38
91	106	Elaine	Roach	Unaffiliated	FVet60	3	01:04:04
92	31	Brendan	Cradden	Bearbrook RC	MVet70	3	01:08:29
93	101	Wendy	Pitcairn		FVet60	4	01:13:52
94	112	William	Sharman	Watford Joggers	MVet60	15	01:14:15
95	53	Jim	Godbolt		MVet70	4	01:14:26
96	120	Helen	Tullie	Tring RC	FVet50	10	01:14:26
97	24	Victoria	Cook		FVet40	8	01:25:18

98	134	Vincent	Hayes		MVet70	5	01:25:19
99	23	Len	Cook		MVet60	16	01:25:39
DNS	3	Rhona	Adolph	Tring RC	FVet50		
DNS	7	Gareth	Bellamy	Tring RC	MVet50		
DNS	16	Joe	Brown	Tring RC	MOpen		
DNS	22	Liana	Cook		FOpen		
DNS	25	Chris	Cook		MOpen		
DNS	29	Alex	Couronne		FVet50		
DNS	33	Kevin	Cullen	Unaffiliated	MVet60		
DNS	52	Michael	Furness	Leighton Buzzard AC	MVet50		
DNS	54	Daisy	Goldhagen	Vale Of Aylesbury AC	FOpen		
DNS	67	catherine	jarvis		FVet50		
DNS	73	javid	khan	Dacorum and Tring	MVet50		
DNS	81	Lauren	Mayot	Chiltern Harriers	FVet40		
DNS	86	Clare	Murphy	Tring RC	FVet50		
DNS	88	Hilary	Needleman	Tring RC	FVet60		
DNS	89	Sarah	Needleman		FOpen		
DNS	90	Sarah	Needleman	Tring RC	FOpen		
DNS	93	Jon	Oliver		MVet40		
DNS	95	Stuart	Page	Tring RC	MVet60		
DNS	96	Carole	Page	Tring RC	FVet50		
DNS	97	Rob	Palmer	Bearbrook Running & Triat	MVet40		
DNS	98	Rob	Pargetor		MVet40		
DNS	103	Lesley	Pymm	Bournville Harrieres	FVet70		
DNS	109	Jon	Salmon	Tring RC	MVet60		

DNS	110	Jonathan	Sartin		MVet50
DNS	111	Mrs	Sharman	Watford Joggers	FVet60
DNS	116	Gary	Stratford	Leighton Buzzard AC	MVet50
DNS	124	Naomi	Wager	Tring RC	FVet60
DNS	129	Edmund	Wilson	Tring RC	MOpen
DNS	131	Jon	Wright		MVet60
DNF	1	Angela	Adcock	Hillingdon Triathletes	FVet40
DNF	2	Matt	Adcock	Watford Harriers	MVet50
DNF	13	James	Blundell		MOpen
DNF	15	mikk	bradley	Welcome to Running	MVet60
DNF	69	Will	Jones	British Triathlon	MVet50
DNF	82	Vincent	Mayot		MVet40
DNF	85	Paul	Moran		MVet60
DNF	87	Richard	Murphy	Tring RC	MVet60
DNF	108	Simon	Rogers	Bearbrook RC	MVet50
DNF	114	Kathryn	Shepardson	Leighton Buzzard AC	FOpen
DNF	119	Mark	Tikaram	Tring RC	MVet50
DNF	125	Scarlett	Wager Leigh		FOpen
DNF	132	James	Lloyd-Knibbs	Leighton Buzzard AC	Mopen