

Aldbury 5 - 22nd June 2025 Provisional Results

Pos	Bib	First Name	Surname	Club	Cat	Cat	Time
1	84	Matthew	Wade	Tring RC	MOpen	1	00:32:41
2	46	Ross	Langley	Tring RC	MVet40	1	00:33:59
3	27	Joshua	Frewin	Tring RC	MOpen	2	00:34:49
4	59	Ben	O'Keeffe	Tring RC	MOpen	3	00:35:17
5	40	James	Inglis		MOpen	4	00:36:18
6	20	Carl	Dalkin	Leighton Buzzard AC	MVet50	1	00:36:33
7	29	Michael	Furness	Leighton Buzzard AC	MVet50	2	00:37:13
8	7	Kevin	Berg	Tring RC	MOpen	5	00:38:29
9	48	James	Lloyd-Knibbs	Leighton Buzzard AC	MOpen	6	00:38:36
10	44	Daniel	Kirwan		MVet40	2	00:38:58
11	21	ellie	davies	Stopsley Striders	MOpen	7	00:39:47
12	3	Paul	Allen	Tring RC	MVet60	1	00:40:16
13	43	Jason	Keys	Tring RC	MOpen	8	00:40:26
14	54	Sarah	Needleman	Tring RC	FOpen	1	00:40:31
15	6	Paul	Bayley	Tring RC	MVet40	3	00:41:20
16	61	christian	Olley	Tring RC	MVet50	3	00:41:20
17	5	Dan	Barber	Tring RC	MVet50	4	00:42:57
18	11	Freddie	Brooks		MOpen	9	00:44:11
19	92	Joseph	Winterbottom		MOpen	10	00:44:22
20	19	Jason	Cuddy	Runaway Racing	MVet40	4	00:44:37
21	36	Lynda	Hembury	Tring RC	FVet60	1	00:44:50
22	85	Jj	Werts		MOpen	11	00:44:56

23	69	Harry	Sambrook		MOpen	12	00:45:36
24	50	Angelo	Lucatello	Tring RC	MVet60	2	00:45:54
25	76	Jason	Steel	Hillingdon AC	MVet50	5	00:46:08
26	37	Martin	Hopcroft	Tring RC	MVet60	3	00:46:31
27	80	Mark	Tikaram	Tring RC	MVet50	6	00:46:33
28	34	Kevin	Hare	Leighton Fun Runners	MVet50	7	00:46:50
29	78	Tony	Stewart	Tring RC	MVet50	8	00:47:15
30	9	Louise	Bladen		FVet40	1	00:47:37
31	12	Alfie	Burr		MOpen	13	00:48:02
32	51	John	Manning	Tring RC	MVet70	1	00:49:07
33	14	Colin	Chapman		MVet50	9	00:49:33
34	42	Will	Jones	British Triathlon	MVet50	10	00:49:36
35	66	Dennis	Raffety	Tring RC	MVet70	2	00:50:21
36	72	Jane	Simons		FVet40	2	00:50:25
37	25	Tom	Eaton		MOpen	14	00:51:11
38	90	Simon	Williamson		MOpen	15	00:51:11
39	4	Rick	Ansell	Tring RC	MVet60	4	00:51:18
40	83	Katie	Van de Linde	Tring RC	FVet50	1	00:51:35
41	88	Gavin	Wild		MVet40	5	00:51:39
42	94	Pixie	Woodus		FOpen	2	00:51:50
43	49	Andrew	Lowe	Tring RC	MVet50	11	00:51:53
44	91	Hugh	Wilson		MVet50	12	00:51:53
45	8	Stephen	Bladen		MVet50	13	00:52:10
46	70	Sarah	Sharman	Watford Joggers	FVet60	2	00:52:20
47	79	Paul	Terrett	Tring RC	MVet60	5	00:52:43

48	82	Leendert	Van De Linde	Tring RC	MVet50	14	00:52:43
49	73	James	Simons	Buckingham & Stowe RC	MVet40	6	00:52:45
50	95	Simon	Rogers	Bearbrook RC	MVet50	15	00:52:45
51	97	Lilliam	Gunter Jones		FOpen	3	00:53:47
52	58	Chris	Nicholls		MVet50	16	00:53:48
53	41	Andrew	Inglis		MVet60	6	00:54:02
54	71	William	Sharman	Watford Joggers	MVet60	7	00:54:07
55	53	Scott	Mitchell	Watford Joggers	MVet50	17	00:54:20
56	93	David	Winterbottom		MVet40	7	00:54:48
57	28	Sue	Frewin	Tring RC	FVet60	3	00:55:05
58	24	Ruth	Eastman	Leighton Buzzard AC	FOpen	4	00:55:11
59	22	Elizabeth	Davies	Stopsley Striders	FVet60	4	00:56:31
60	81	Gavin	Tull		MVet50	18	00:57:21
61	47	Peter	Leigh		MVet60	8	00:57:45
62	13	Rupert	Cavenagh-Mainwaring	Gade valley harriers	MVet40	8	00:58:09
63	68	Georgia	Sambrook		FOpen	5	00:58:23
64	89	Vicky	Williams	Watford Joggers	FVet50	2	00:58:40
65	17	Ros	Cranston	Tring RC	FVet50	3	00:59:22
66	96	Will	Eastman	Leighton Buzzard AC	MOpen	16	00:59:26
67	52	Matthew	Manning		MOpen	17	00:59:43
68	31	Roger	Hadland		MVet80	1	01:00:12
69	64	Helen	Page	Tring RC	FVet50	4	01:00:42
70	26	Katerina	Fellas	Watford Joggers	FVet50	5	01:01:26
71	35	Charmaine	Hashmi		FOpen	6	01:02:06
72	75	Evie	Squires		FOpen	7	01:02:06

73	87	Richard	White	Tring RC	MVet70	3	01:04:26
74	18	Lilla	Cseke		FOpen	8	01:04:57
75	77	Christina	Stevens	Tring RC	FVet40	3	01:04:57
76	63	Lisa	OToole		FVet40	4	01:05:31
77	67	Elaine	Roach		FVet60	5	01:06:35
78	62	Dominic	Otoole		MVet50	19	01:06:37
79	23	Michael	Day		MVet50	20	01:06:46
80	33	Helen	Harbrow	Watford Joggers	FVet50	6	01:07:16
81	86	Shirley	White	Tring RC	FVet60	6	01:08:20
82	30	Ian	Gascoigne	Unaffiliated	MVet60	9	01:11:08